



## PROMPT FLEX RANGE

The **PROMPT Flex range** and its modules are anatomically correct and have been designed in collaboration with clinicians to aid the training and practise of normal and difficult births (including shoulder dystocia), to improve the outcomes for mothers and babies during childbirth.

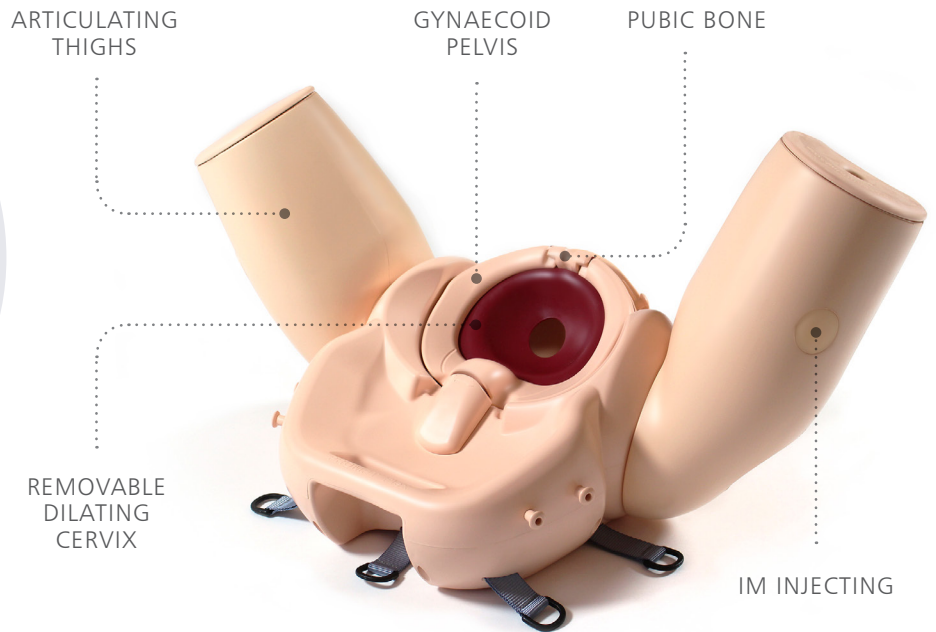


*Learning has never been more lifelike*

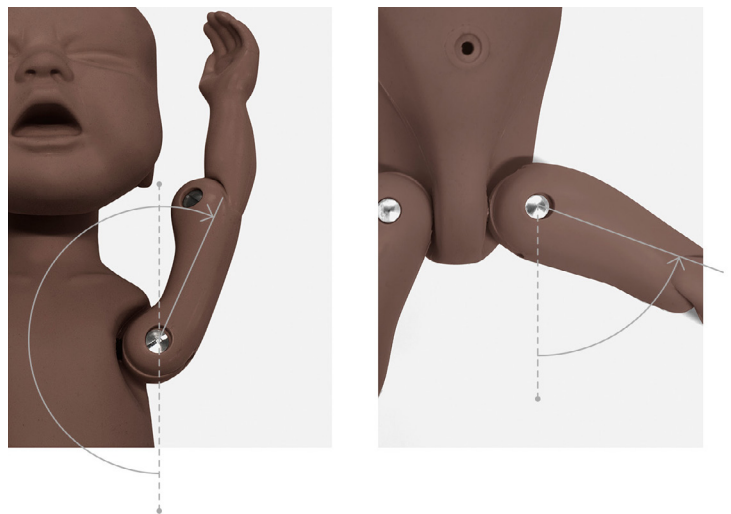
[limbsandthings.com](http://limbsandthings.com)

**PROMPT FLEX STANDARD & ADVANCED**  
ARE STAND-ALONE TASK TRAINERS THAT CONTAIN  
A BIRTHING MOTHER & BABY WITH KEY ANATOMICAL FEATURES

The **PROMPT Flex Birthing Mother** features include a gynaecoid pelvis, flexible birthing canal, dilating cervix, a soft realistic pelvic floor and articulating thighs.



The **PROMPT Flex Enhanced Baby** has a realistic range of articulation in the shoulder and hip joints, as well as flexion at the thoracolumbar region.



\* Standard only

## PROMPT FLEX - STANDARD

80100

80200

Integral to birthing programmes across the globe, PROMPT Flex Standard is ideal for the teaching and practising of normal and difficult birthing scenarios.

The easy setup lends itself to both classroom and team training, including the use of simulated patients. It can be used in a number of birthing positions including on all fours (Gaskin) and McRoberts position.



## PROMPT FLEX - ADVANCED

80106

80206

This model has the features of the Standard model with the addition of force monitoring in the baby, which enables measurement of the force applied when running shoulder dystocia drills.

Downloadable software gives three main parameters measured during training: force applied to the baby's head, interventions made during delivery and time taken to deliver the baby.



### SKILLS

80100 80106

	80100	80106
• Communication & team work skills (SP)	✓	✓
• Normal	✓	✓
• Breech	✓	✓
• Shoulder dystocia management	✓	✓
• Instrumental (forceps & vacuum devices)	✓	✓
• Delivery of placenta	✓	✓
• Cord prolapse	✓	✓
• Urinary catheter placement	✓	✓
• IM injection pads	✓	✓
• Force feedback of baby's head	×	✓
• App with scenarios & force monitoring	×	✓

### WHAT'S INCLUDED

80100 80106

	80100	80106
<b>80120</b> Birthing Mother (+Upper Legs)	✓	✓
<b>80121</b> Standard Baby	✓	×
<b>80122</b> Wireless Force Monitoring Baby	×	✓
<b>80123</b> Placenta	✓	✓
<b>80124</b> Abdomen for PROMPT Flex	✓	✓
<b>80125</b> Perineum and Birth Canal	✓	✓
<b>80130</b> Bed Straps	✓	✓
<b>10193</b> Lubricant	✓	✓
<b>01000</b> Wheeled Carry Case	✓	✓

\* Tablet not supplied

A **MODULAR DESIGN** MAKES THIS PLATFORM TRULY FLEXIBLE, ALLOWING FOR THE ADDITIONAL TRAINING TO BE INCORPORATED, DEPENDING ON THE NEEDS FOR THE SKILL ACQUIRED. NOW AVAILABLE IN **TWO DIFFERENT SKIN TONES**

## ADDITIONAL MODULES FIT EITHER STANDARD OR ADVANCED TRAINERS

### PROMPT FLEX - CERVICAL CERCLAGE MODULE

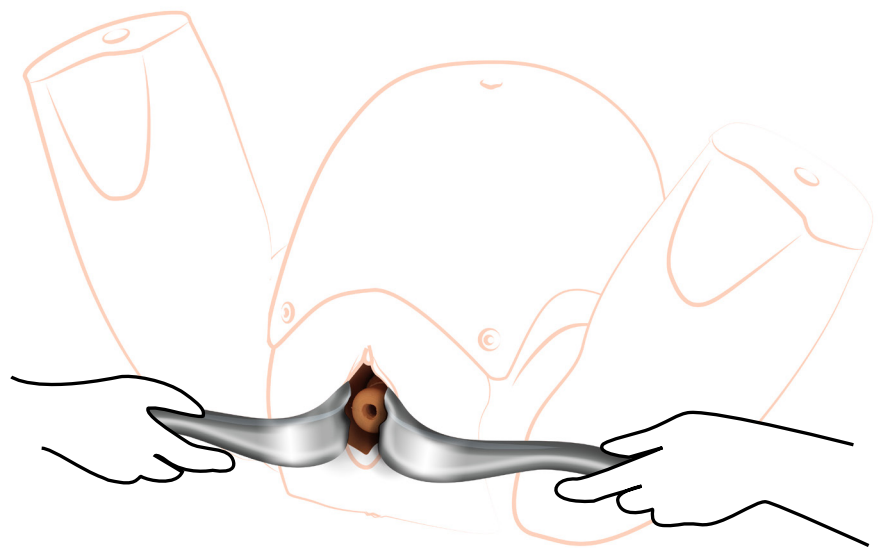
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80280

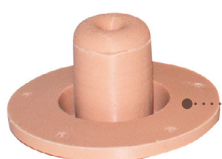
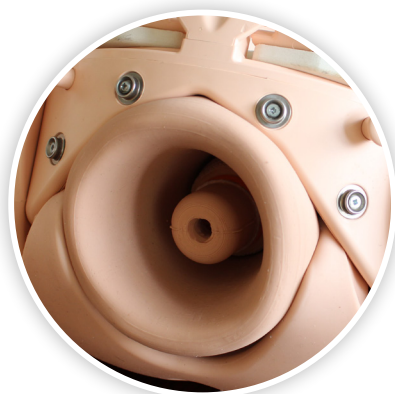
NEW

This module is the ideal tool to support obstetric trainees to develop the skills of elective and emergency cervical cerclage.

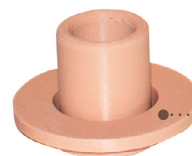
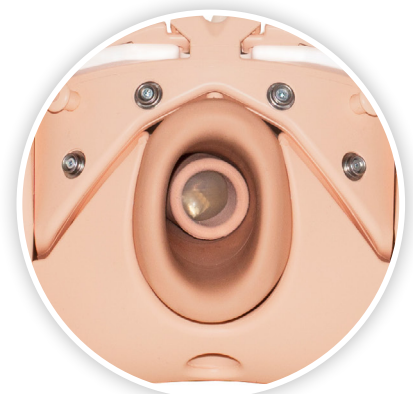
The easy to use design offers realistic movement of the cervix down the vaginal vault, enabling trainees to place the cerclage as high up the cervix as possible, which supports the learning of the McDonald technique.



ELECTIVE



EMERGENCY



## PROMPT FLEX - CERVICAL DILATATION & EFFACEMENT MODULE

80102

80202

This is a complete training solution for the assessment and scoring of cervical dilatation in the latent and active stages of labour.

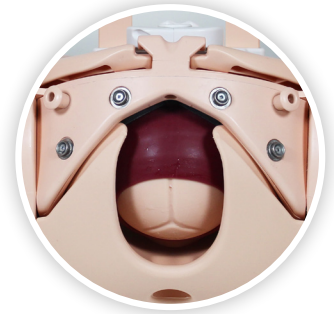
For comprehensive training, 6 interchangeable cervixes (ranging from 1-10cm) and amniotic membranes have been designed to represent realistic dilatation and effacement of the cervix.



FOETAL STATION  
(-3 TO +3)



CERVICAL DILATION  
(1-10CM)



## PROMPT FLEX - CAESAREAN SECTION MODULE

80103

80203

The PROMPT Flex Caesarean Section Module allows for repeated practise and skill acquisition for both routine and more complicated c-section deliveries, including head dis-impaction or transverse lie with the use of the pre-incised skin and adjustable uterus.

For those learning the actual skill of performing a c-section incision, the anatomically accurate pads allow for the practise of performing a transverse incision (either by Joel-Cohen or Pfannensti) and the subsequent suturing.

PRE-INCISED ABDOMEN



SURGICAL PAD



# PERINEAL REPAIR & EPISIOTOMY CAN BE USED AS A STAND-ALONE TRAINER OR IN CONJUNCTION WITH PROMPT FLEX

This multifaceted model allows trainees to learn how to perform a perineal repair. A common stand accommodates one anal sphincter repair block and a choice of two different perineal repair blocks to suit regional preferences. The non-incised block is an additional option to tailor bespoke training requirements.

Essential landmarks are clearly visible enabling identification of the severity of the tear. A retractable external anal sphincter requires trainees to identify and dissect the muscle layers.

**NEW**

## UN-INCISED BLOCK



## MIDLINE



## MEDIOLATERAL



## ANAL SPHINCTER



## ILLUSTRATION PACK



## EPISIOTOMY TRAINER MODULE

61104

61124

This cost-effective model is designed to be used with the Perineal Repair Trainer in a classroom setting to ensure acquisition of confidence in the training of episiotomy.

It offers repeatable training and contains the illustration pack that supports trainees in gaining confidence in performing this procedure.



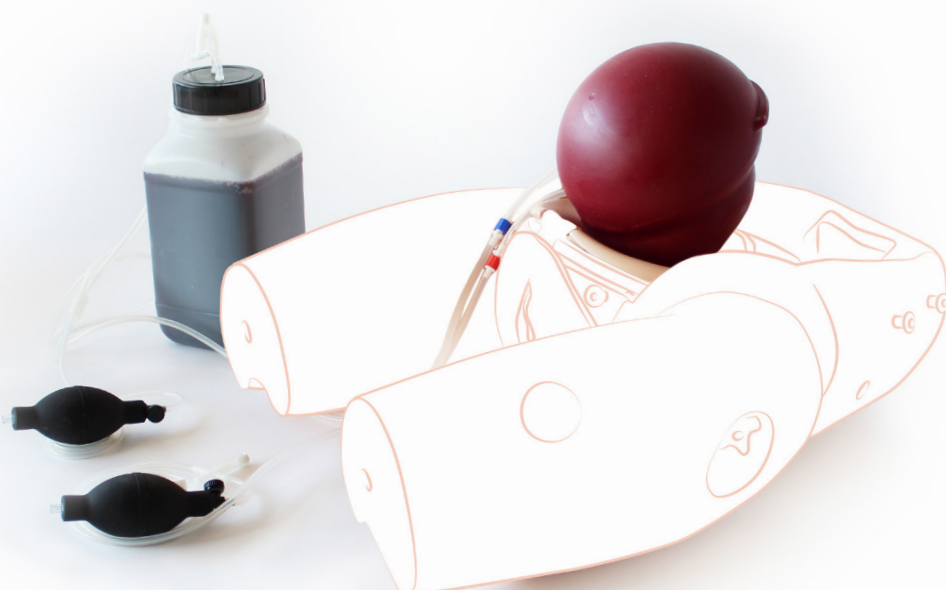
## PROMPT FLEX - POSTPARTUM HAEMORRHAGE MODULE

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80201

This module offers simulation of an atonic and contracting uterus to facilitate the practise of managing postpartum bleeding.

Simulated blood flow and loss gives trainees a real sense of urgency and a lifelike training environment.

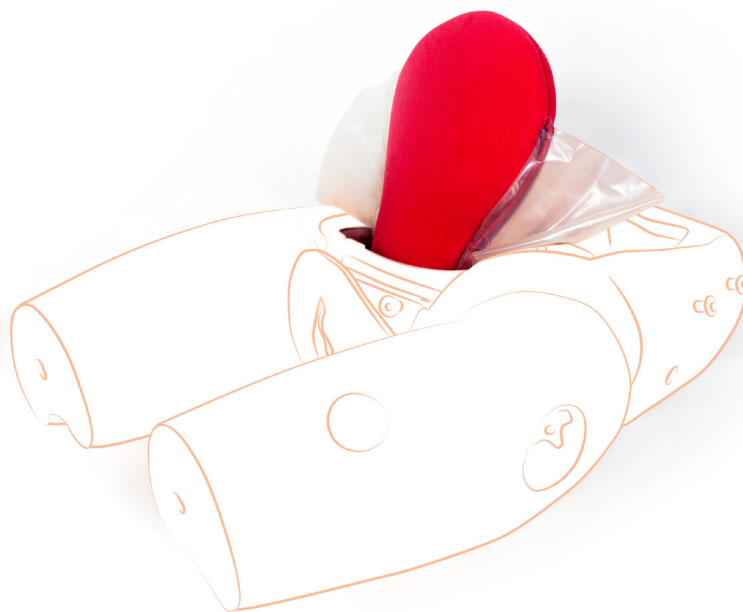


# PROMPT FLEX - COMPRESSION SUTURE UTERUS

**80111**

An easy to set-up module that contains all the necessary anatomy which allows trainees to perform Artery Ligation and Uterus Compression.

Used in conjunction with the **80171 / 80271** Pre-incised Delivery Skin, it provides the ideal training platform for repeat practise of uterine compression suturing.



Using PROMPT in conjunction with effective professional training, reports show:



- 50% Reduction on brain injury
- 45% Reduction in school-aged cerebral palsy
- Reduction in maternal deaths

Source: <https://www.promptmaternity.org/publications>



**PROMPT Flex** is suitable for use on Obstetric Training Programmes including:

ACOG Course – ECO (Emergencies in Clinical Obstetrics)	MORE OB (Managing Obstetric Risks Efficiently)
ALARM (Advances in Labor and Risk Management) - Canada	PROMPT (PRactical Obstetric Multi Professional Training)
ALSO (Advanced Life Support in Obstetrics)	PRONTO International
BEOC (Basic Essential Obstetric Care)	REOT (Rural Emergency Obstetrics Training)
BLSO (Basic Life Support in Obstetrics)	ROBUST (RCOG Operative Birthing Simulation Training)
Care Team OB (American Academy of Family Physicians)	SCOTTIE (Scottish Core Obstetric Teaching and Training In Emergencies)
CEOC (Comprehensive Essential Obstetric Care)	TeamSTEPPS (Team Strategies and Tools to Enhance Performance and Patient Safety)
MOET (Managing Obstetric Emergencies and Trauma)	



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REQUEST A DEMO



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